

Hemi Sync<sup>®</sup>

# THE GATEWAY EXPERIENCE<sup>®</sup>



WAVE VIII  
UNION

# THE GATEWAY EXPERIENCE®

## WAVE VIII— UNION

*A Journey Beyond Time and Space*

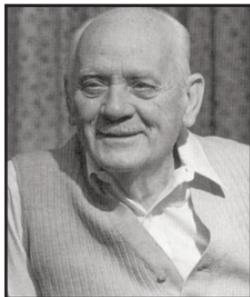
Voiced by A.J. Honeycutt

*Dedicated to Robert A. Monroe,  
and to all consciousness explorers and future  
graduates of the Earth Life System devoted  
to expanding, evolving, understanding and  
connecting with All that Is.*



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## Comments from Bob Monroe regarding *The Gateway Experience*



What can you expect from *The Gateway Experience*? As much or as little as you put into it. The exercises provide you with a set of tools—how you use them and what you do with them is your responsibility. Some discover themselves for the first time, and thus live more completely, more constructively. Others reach levels of awareness so profound that only one such experience is enough for a lifetime. Still others become seekers after truth and add on-going adventure to their daily activity.

There is only one basis—that you seriously consider the Gateway Affirmation at the least a possibility: that you are more than your physical body, that you can and do exist in energy systems that are not limited to time-space, that you can and do communicate with intelligence beyond your physical consciousness—call it what you will.

### **Wave VIII Affirmation**

I am much more than my physical body. It is my intent, through these explorations beyond physical matter reality, to contribute to the expansion of human consciousness. In consciously experiencing and acquiring knowledge of the realms beyond ordinary consciousness, I will work to bridge these realities. In so doing, I ask for help,

to be open, allowing and calm...in perceiving clearly, responding appropriately and carrying out my intent of service. I am truly grateful for this assistance. I set forth empowered by the energetic field of my fellow explorers and acknowledgement of our oneness, in love.

### **Cautions and Warnings: Please Read**

*The Gateway Experience is a system of training in self-exploration and personal development. It is not a form of psychotherapy, philosophy, religion, or medical diagnosis/treatment. It is a means to acquire knowledge—the application and results thereof are solely the responsibility of the trainee.*

While many of our products contribute to wellness, they are not intended to replace medical diagnosis and treatment. **DO NOT** listen to Hemi-Sync® while driving or operating heavy equipment, or with other devices that may influence brain-wave activity. If you have a tendency towards seizures, auditory disorders, or adverse mental condition(s), **DO NOT** listen to Hemi-Sync® without first consulting your physician. In the unlikely event that you experience any unusual physical or mental discomfort, immediately discontinue use.

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## Wave VIII—Union

Wave VII introduced you to Focus 27. The purpose of Wave VIII is to explore Focus 27 plus other areas of unexplored consciousness beyond the Earth Life System.

Trust that your experiences are exactly as they should be for you at this time. Your heartfelt appreciation is an appropriate means to acknowledge any assistance given you. It is, therefore, recommended that you take time to express your gratitude following each exercise.

Trust yourself throughout these exercises and know that a greater part of you is always there to help and assist.

It is important that you experience each exercise in succession, building directly on the tools and techniques learned in the previous exercise. The goal is to practice what you learn so you can repeat the experience effectively without listening to the exercise. The more you do this, the easier it will become.

Use your intentions and willingness to explore to assist you in transcending limiting beliefs. It is our hope that you might come to know you are more than your physical body.

We appreciate your dedication to personal growth and thank you for your continued support of *The Gateway Experience*. As always, we urge you to keep a journal of your explorations.

## **Wave VIII Exercises**

### **Track 1 – Special Tour**

You will begin by returning to your Special Place in Focus 27, noticing any changes that may have occurred, and/or making any modifications to better suit your needs.

You will be introduced to a new affirmation to better align with the purpose of exploring these new places and to avail yourself of the energies of like-minded fellow explorers. *(Note the last sentence of the affirmation.)*

Finally, you will go on a special tour to obtain an overview of other areas beyond the Park and Reception Center—places you will explore in more detail in subsequent exercises.

### **Track 2 – Meeting with the Entry Director**

Returning to the Planning Center of Focus 27, you will have an opportunity to learn about some of your personal history by meeting with the Entry Director, and others who helped prepare the way for your current physical lifetime.

Ask to observe the steps in the process of preparing to enter a physical body. You will also ask to be given a review of your personal experiences of entry into the Earth life. Use all of your senses and stay open to whatever information is communicated.

### **Track 3 – Educational Opportunities**

In the Educational Center in Focus 27, you will have the opportunity to personalize your experience. This is a place of teaching, instruction, training, and learning. You will ask for a personal demonstration, a personal experience of how this function is carried out.

Allow any impressions to come as you observe and explore. Open yourself to the many possibilities for instruction, insights, and information.

### **Track 4 – Healing and Regeneration Center**

The Healing and Regeneration Center is where those newly arriving to Focus 27 may recuperate and receive healing, counseling, and guidance.

You will be able to ask for a personal demonstration, a personal experience. Be open to the experience of healing for the events of this lifetime, and for other lifetimes as well. Ask to receive whatever healing, regeneration or balancing you feel you are most in need of.

### **Track 5 – Planning Center**

The Planning Center oversees energy patterns in the Earth Life System, allowing you to not only observe, but also participate.

One of the functions here is to introduce new ideas and new energy patterns into physical Earth reality, or delete/remove those energy patterns which are no longer useful. As you observe, ask to understand and learn about this process. Open your channels of perception and trust what you perceive.

You will have the opportunity to become an active participant in this process by asking for an idea of an energy pattern that you can track. Whatever you receive, allow it into your perception and then follow its course from Focus 27 into the Earth's energy pattern. Immerse yourself in this process.

### **Track 6 – Coordination Area**

This area is dedicated to the maintenance and management of Focus 27. You will meet the energy beings who maintain, manage, organize, and facilitate the activities of Focus 27.

You will ask for insights into the history and creation of Focus 27, how the management and coordination functions are carried out, and the nature of the relationship to the Earth Life system. You will also inquire as to other systems that are coordinated here.

One highlight of this exercise is learning what lies beyond—what opportunities there are for further development and growth. Let go of any preconceived ideas you may hold and be open to what these beings show you.

### **Track 7 – Inner Earth**

This exercise will allow you to meet with those intelligences who maintain the physical Earth. This exercise uses Focus 12 as your base, and as a seasoned explorer you are instructed to move to whatever Focus level is most appropriate and helpful for you to be able to understand the information you receive during this exploration.

You will be guided through the different elemental kingdoms of Earth—mineral, plant, animal, earth, water, fire, and air. Make your way to the Earth's inner core, meeting the intelligences and asking if there is a message for you. Stay open to what you receive and trust the information.

You will continue to observe as you are guided through other Focus levels, perceiving the differences in each. Encoding will also be given to you so you may return here anytime.

### **Track 8 – The Absolute**

This is a unique opportunity to experience graduating from the Earth Life System—moving beyond physical Earth.

You will be asked to observe all the things that embody your current Earth life—from your beliefs, and emotions to the self-image you have constructed. Next, you will place all of these things representing your physical embodiment in a box.

As you make your way through a long hallway, you will find yourself in front of the final door. You are invited to step through this door as you let go and observe what lies beyond. After a brief time, verbal guidance and the Hemi-Sync® frequencies will call you back to full waking consciousness.

For more information about *The Gateway Experience* and other Hemi-Sync® titles, contact your local dealer or:

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